



## Be in the Present as We Fall into Change

### Fall ahead into this season's change...

Cool, crisp air, green leaves turning to gold and amber. Taking out mittens, hats, jackets and scarfs. Preparing for a new school year and the snow that we know will come. Snuggling into our hoodies and warm socks. Sipping hot cocoa with marshmallows. Crunching leaves as we walk. Warming pink cheeks with our hands. Jumping in leaf piles, and wiping runny noses. Feeling the first snowflake on our cheek. These are just a few memories we share with the children in our lives, with a million more ahead.

Be in the present as we fall into change. Remember the memories from your past that bring a smile to your face and love to your heart. Look ahead to your hopes for tomorrow, planning each step moving forward. But live in this moment, for yourself and for them. Children know to do this, slow down and join them. Ground yourself in each moment as you notice all of your natural senses.

Parent Connection is a place for families to learn, grow and connect. We encourage, strengthen and support families along with a community of partners. We thank the communities we are part of as we learn and grow together. We could not offer our programs and services without support of our funders, sponsors and volunteers.

Be in the present as we fall into the season of gratitude.



Questions about programs?  
Call us!

Parent Connection is a parent education and support program designed to Encourage, Strengthen & Support families in the Fox Valley, Oshkosh & Shawano areas

1810 Appleton Road, Menasha, WI 54952 (920) 739-4226 | 36 Broad Street, Suite 150, Oshkosh, WI 54901 (920) 233-6630 | 607 E Elizabeth St., Shawano, WI 54166 (715) 853-0923



Parents as Teachers.

### Home Visiting:

This FREE early learning program is designed for parents and their babies residing in Outagamie, Winnebago, Shawano, & Appleton addresses in Calumet County.

Family Support Specialists trained in early childhood & brain development conduct home visits with prenatal parents and parents with children from birth to three.

- \* Parenting information
- \* Child development information
- \* Constructive play ideas
- \* Developmental screenings
- \* Connection to community resources

**Fox Cities serves:** Outagamie County & Calumet County with an Appleton address; eligible first-time parents

**Oshkosh serves:** Winnebago County; all eligible families

**Shawano serves:** Shawano & Menominee Counties; eligible first-time parents

#### Call for more information:

**Fox Cities:** (920) 739-4226 | **Oshkosh:** (920) 233-6630

**Shawano:** (715) 853-0923



# PARENT EDUCATION WORKSHOPS & EVENTS

[Online Workshop Registration](#) is available through our Website

Workshop Cancellation Line: Call (920) 739-4226 ext. 154 to check on workshop cancellations due to weather

## Parent Education Workshops

Available for parents, caretakers, extended family members, and anyone working with families and children.

Parent Connection offers evidence & research based curriculum, and invites professionals from our communities to speak on topics that benefit families.

We adapted many of our workshops to be offered as *Hybrid!* Hybrid options allow you to choose between In-Person & Online attendance.

We offer *scholarships* to families in our service areas (Outagamie, Winnebago, Shawano & parts of Calumet Counties).

*Free childcare* is available at most In-Person workshops. Limited spots, *register early!*

We reserve the right to cancel workshops with low enrollment. Fees will be refunded for any cancelled workshop.

Visit our website & Facebook page for the most current Parent Education Workshop & Event information

[www.familyservicesnew.org/parenting-classes](http://www.familyservicesnew.org/parenting-classes)

[www.facebook.com/ParentConnectionWI/Events](https://www.facebook.com/ParentConnectionWI/Events)

## Questions about our workshops?

Contact Fox Cities: Jen DiMatteo  
[jdimatteo@familyservicesnew.org](mailto:jdimatteo@familyservicesnew.org)  
(920) 739-4226 ext. 109

Contact Oshkosh: Jeni Rettler  
[jrettler@familyservicesnew.org](mailto:jrettler@familyservicesnew.org)  
(920) 642-0042

## Oshkosh Workshops

### Parenting the Nurturing Way

In-Person | Tuesdays 9/20-11/29

Meal 5:30-6:00 pm, Workshop 6:00-7:30 pm

Plan to attend all 11 sessions

Cost: \$35 | Caretakers of children prenatal-19  
*Evidence-based*

This program is a series of lessons on managing & communicating feelings, positive discipline techniques, parenting with empathy, appropriate rewards & consequences, understanding growth & development, and helping your child/ren thrive. The program helps adult & adolescent parents identify areas in their parenting that could be strengthened and reassesses for growth during the program on 5 key parenting constructs.

Children ages 4-12 can be enrolled in our Kids Activity Group which when run has learning topics that mirror the parent workshops.

Children 0-3 (or not yet potty trained) can be enrolled in on-site childcare.

All groups: parents, kids & childcare have maximum enrollments, so you must register all family members you want to be participating.

An optional group meal is served prior to the workshops for registered participants.

An online, intake/orientation session can be scheduled August 26th, Sept 9th or 16th.

### Positive Solutions for Families

In-person | Four Thursday Sessions

Dates TBD

Meal 5:30-6:00 pm, Workshop 6:00-7:30 pm

Plan to attend all 4 sessions

Contact Jeni Rettler to register

Cost: \$15 | Caretakers of children 0-5  
*Evidence-based*

This program is offered in collaboration with UWO-Head Start. If you are enrolled with UWO-Head Start, please register with your child's teacher. This class is designed to help parents & caregivers promote their child's social & emotional development and to better understand challenging behaviors. Parents & caregivers will learn how to use positive approaches to improve interactions with their child, help children learn appropriate behavior & to build their child's confidence & self-esteem, thereby preparing children for successful early learning experiences.



## We Are Falling Over for Your Feedback

Parent Connection is here to Encourage, Strengthen and Support families, so we are **Falling** for feedback about how we have made an impact for those we serve. We would love to hear from you about how Parent Connection has made an impact for you, your family or community, whether that was yesterday, last year, or **Falls** back many years. We **Fall** in love with hearing your stories of the impact we were able to make. We invite you to **Fall** into this opportunity if you have something to share. Sharing your story might inspire someone else to reach out and get the help they need. Of course, we want to make this easy for you, like it **Falls** right into your lap.

Just follow this link - <https://www.surveymonkey.com/r/Step1Impact> to share the impact Parent Connection has made for you.

Of course we want to hear about the moments we can celebrate with you, but we are open to hearing where things may have **Fallen** short too. Parent Connection as a program of Family Services of Northeast Wisconsin is also here to Protect, Heal and Care. We thrive on being and staying connected to those who can benefit from our services. Don't let this opportunity **Fall** away! With your help, we can make an even greater impact for more families in our communities!

# PARENT EDUCATION WORKSHOPS & EVENTS

Visit [www.familyservicesnew.org/parent-connection](http://www.familyservicesnew.org/parent-connection) to learn more about our Home Visitation and Parent Education Programs  
To speak with a Parent Connection Team Member: Fox Cities (920) 739-4226, Oshkosh (920) 233-6630, Shawano (715) 853-0923

## Fox Valley Workshops

### Active Parenting of Teens

Hybrid | Mondays 9/19-10/24  
6:00-8:00 pm

Choose any or all within six sessions

Cost: Sliding Fee Scale

Contact Jen DiMatteo to register

Caretakers of children 10-18

*Evidence-based*

These workshops are for parents who want to prepare for or are experiencing the changes of teenage development and want to help prepare their preteens & teens to survive & thrive in society. Session Topics include in order: Active Parenting, Winning Cooperation, Responsibility & Discipline, Building Courage & Redirecting Misbehavior, Drugs & Sexuality, & Violence & Reducing Risks. The first four dates/topics are the foundation of this program, one leading into the next. You can register for the dates/topics of most interest to you, or join us for all six!

### Autism 3.0

Hybrid | Thurs 10/13 | 6:00-8:00 pm

Free | Caretakers of children 12-young adults

*Special Guest Presenter*

This presentation will focus on facts from adolescence through adulthood. Information will be shared about the transition process from middle to high school and beyond, including transition services and supports.

### Love & Logic:

#### Early Childhood Parenting Made Fun™

Hybrid | Thursdays 11/3-11/17 | 5:00-7:00 pm

Plan to attend all 3 sessions

Cost: \$15 | Caretakers of children 0-6

*Evidence-based*

This 3-night video-based workshop offers practical techniques for raising responsible kids! Learn to discipline your children without losing their love & respect (or your sanity). We will talk about effective communication & how to use consequences for learning & growth for your children.



### Parenting to a Child's Temperament

Online | Mon 11/28 | 10:00-11:30 am

Cost: \$10 | Caretakers of children 2-6

*Research-based*

What do parents need to know about their & their child's temperament? Everything! Temperament can help us answer questions & increase understanding about our own children. We will talk about how you respond as a parent based on your temperament & how to recognize issues ahead of time - anticipating problems in behavior before they happen.

### Developmental Milestones

Hybrid | Date & Time TBD

Free | Caretakers of children 0-3

*Special Guest Presenter*

Parents will learn about developmental milestones for their children, why it's important to recognize key ages & stages, what to do if you have concerns about your child's development & how to help your child flourish.

### Anger Management for Parents

Hybrid | Thurs 12/1 | 5:00-7:00 pm

Cost: \$10 | Caretakers of children all ages

*Research-based*

Our children bring us incredible joy. Yet there are times we find ourselves crabby, frustrated or angry with the people we love. Learn how to manage anger to improve your relationships. Learn the five stages of anger and the top ten anger producers. Get to know your own anger, anger style & how to manage your anger to create a more harmonious home!

### Positive Discipline

Hybrid | Thurs 12/8 | 5:00-7:00 pm

Cost: \$10 | Caretakers of children 2-teens

*Research-based*

There is a difference between discipline and punishment, and the two should not be confused. We will talk about discipline as structure & routine, communication & being our children's role models. As parents, we want to build up our children's positive behaviors and self-esteem, not break down all the wonderful aspects of their personalities and opportunities. Let's talk about how we can start Positive Discipline in our homes today!



## Fox Valley Family Fun Event

### Fox Valley Autumn Adventure

Thurs 9/22 | 5:00-6:30 pm

Pierce Park Pavilion

1035 W. Prospect Ave, Appleton

Free Community Event for Families with children 10 & under

Please register for this event: <https://www.surveymonkey.com/r/AutumnAdventure2022>

### "Read & Stroll with Your Community Partners!"

Enjoy food, activities, and of course...Reading Adventures as a family! Bring your littles in a stroller or wagon and walk through a path of reading, crafts & games as they meet Fox Valley's Friendly Community Partners! You'll get to decorate your stroller or wagon!

### Questions?

Contact Jen at

[jdimatteo@familyservicesnew.org](mailto:jdimatteo@familyservicesnew.org)

## Shawano Area Family Fun Event

### Shawano Octoberfest

Sat 10/1 | 10:00 am-3:00 pm

Downtown Main Street, Shawano

Free Community Event for families to enjoy!

Octoberfest activities include: kids' games, petting zoo, craft vendors, food, farmer's market, polka music & more!

### Questions?

Contact Rachel at:

[rherrmann@familyservicesnew.org](mailto:rherrmann@familyservicesnew.org)



**Parent Connection is a program of Family Services of Northeast Wisconsin, Inc.**

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Visit us at: [www.familyservicesnew.org/parent-connection](http://www.familyservicesnew.org/parent-connection)



## Connect with Community Resources:

First 5 Fox Valley  
[firstfivefoxvalley.org](http://firstfivefoxvalley.org)

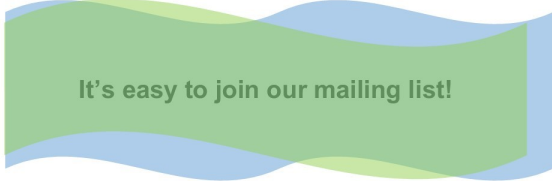
United Way Fox Cities:  
[unitedwayfoxcities.org](http://unitedwayfoxcities.org)  
or [givehelpgethelpfoxcities.org](http://givehelpgethelpfoxcities.org)

Oshkosh Area United Way:  
[oshkoshunitedway.org](http://oshkoshunitedway.org)

United Way of Shawano County:  
[shawanocountyunitedway.org](http://shawanocountyunitedway.org)


*Dial 2-1-1 or search [211now](#) for Local Resources, Information & Referrals*

For a complete listing of Parent Connection Workshops, Community Resources & more, sign-up for our monthly emailed newsletter!



It's easy to join our mailing list!

*Just send your email address by text message!*



Text:  
**PARENTCONNECTION**  
to 42828  
and start getting  
program updates!

